

ANNEVAR 5K RUN/WALK

Saturday, June 17, 2017
VFW Park, 600 Block W. Carthage Street
Ravenna, NE

REGISTRATION:

Preferred registration method online at [getmeregistered.com /Annevar5K](http://getmeregistered.com/Annevar5K) or mail entry form and payment to:

Laurie Johnson
PO Box 2
Ravenna, NE 68869

EVENTS/ AWARDS:

5K Run – Top 3 male and female finishers in each age group will receive medals:

19 & under, 20–29, 30–39, 40–49, 50–59,
60–69, 70 & over

5K Walk – Top 3 male and female finishers will receive medals – no age groups (enter as runner if you plan to run any portion of the course)

Kids Races – Top 3 male and female finishers in each age group and distance:

1 mile: 14 & under (any age can enter but only 1 group)
½ mile: 6 & 7, 8 & 9, 10 & 11
¼ mile: 5 & under

QUESTIONS: Contact Laurie Johnson at 308-293-3945 or at lauriejohnson39@gmail.com or Karalee Fiddelke at 308-224-7060 or at fiddelkefamily@hotmail.com

COST 5K RUN/WALK:

Received or postmarked prior to June 9th: \$20
After June 9th or on registration day: \$25
Includes a short-sleeve dri-fit shirt if registered by June 9th
After June 9th dri-fit shirt not guaranteed

COST KIDS RACES

Received or postmarked prior to June 9th: \$15
After June 9th or on registration day: \$20
Includes a short-sleeve t-shirt if registered by June 9th
After June 9th t-shirt not guaranteed

Race Day Entries Accepted But Shirts Not Guaranteed

SCHEDULE OF EVENTS:

5K Registration/Package Pickup 6:45 – 7:45 am
5K Run/Walk 8:00 am
Awards Presentation at VFW Park following completion of 5K 9:00 am
Kids Registration/Package Pickup 6:45 – 9:00 am
Kids Races (Football Field) 9:15 am
Awards Presentation at football field following completion of each race
Free Pancake Feed for Runners and Spectators 8:00 – 10:00 am

SPONSORED BY: Family Physical Therapy & Sports Center, Ravenna Super Foods,
Ravenna Lions Club & Ravenna Chamber of Commerce

MAIL FORM & FEE TO: Laurie Johnson, PO Box 2, Ravenna, NE 68869

MAKE CHECKS PAYABLE TO: Ravenna Chamber of Commerce

2017 ANNEVAR 5K RUN/WALK & KIDS RACES ENTRY FORM online registration available at [getmeregistered.com /Annevar5K](http://getmeregistered.com/Annevar5K)

Name _____ Male _____ Female _____

Address _____ City/State/Zip _____

Email _____ Phone _____

Age on Race Day _____ Event (circle one) 5K Run 5K Walk Kids: 1 mile ½ mile ¼ mile

Shirt Size (circle one) Mens Fit: S M L XL XXL Youth: S M L
Ladies Fit: S M L XL XXL

If you plan to run any part of the 5K walk, please enter as a runner

In consideration of my entry, I hereby, for myself, my heirs, and my executors, waive and release any and all rights and claims for damages against the sponsors of this event and the City of Ravenna and the meet officials for any injuries suffered by me in connection with this event. I further certify that I am in good enough physical condition to participate in this event.

Participant's Signature _____ Date _____

Parent or guardian must sign if participant is under 18